

College Station ISD Child Nutrition Services  
Food Allergy/Disability Substitution Request  
2018-2019

Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_

School : \_\_\_\_\_ Grade/Classroom: \_\_\_\_\_

Parent /Guardian: \_\_\_\_\_ Telephone: \_\_\_\_\_

Check one: My child  WILL or  WILL NOT be eating school prepared meals.

*As a parent or guardian, I give permission for College Station ISD to contact the Physician's office regarding my child's dietary needs.* \_\_\_\_\_ (Parent Signature)

### Physician's Statement

**STUDENTS WITH LIFE THREATENING FOOD ALLERGY - Omit these foods:**

- Fluid Milk (by itself)     Milk (as an ingredient)     Peanuts     Tree Nuts  
 Eggs                       Fish                       Shellfish                       Wheat  
 Soy Protein     All Soy (oil, lecithin, etc.)                       Other: \_\_\_\_\_

1. Can the student consume foods where the allergen is an ingredient in the food product?  yes  no  
 (Example: Scrambled eggs are omitted but egg as an ingredient in pancakes is allowed.)

Explain: \_\_\_\_\_

2. Foods to Omit	Substitutions	Allowable Foods

**STUDENTS WITH DISABILITIES:** (Please explain disability and diet modification below.)

**DIAGNOSIS:** \_\_\_\_\_

3. Explanation of why this disability restricts the diet: \_\_\_\_\_

4. Consistency Recommendations:  NPO  
**Solids**  No Solids  Puree'  Mechanical Soft  Chopped  Regular  
**Liquids**  No Liquids  Thin  Thickened  Nectar  Honey  Pudding

**ALL STUDENTS:**

Major life activity affected by the life threatening **food allergy** or **disability**. (check all that apply)  
 (Note: College Station ISD cannot honor this document unless at least one life activity is marked.)

- eating             caring for one's self             performing manual tasks             walking             seeing  
 hearing             speaking             breathing             learning

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

### RETURN TO CHILD NUTRITION

Questions? Contact the Child Nutrition Office: 979-764-5450 Fax 979-764-5585

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